

Before you begin work, always ask yourself, "Is this task in the top 20 percent of my activities or in the bottom 80 percent?"

The hardest part of any important task is getting started on it in the first place. Once you actually begin work on a valuable task, you will be naturally motivated to continue. A part of your mind loves to be busy working on significant tasks that can really make a difference. Your job is to feed this part of your mind continually.

Motivate Yourself

Just thinking about starting and finishing an important task motivates you and helps you to overcome procrastination. Time management is really life management, personal management. It is really taking control of the sequence of events. Time management is having control over what you do next. And you are always free to choose the task that you will do next. Your ability to choose between the important and the unimportant is the key determinant of your success in life and work.

Effective, productive people discipline themselves to start on the most important task that is before them. They force themselves to **eat that frog**, whatever it is. As a result, they accomplish vastly more than the average person and are much happier as a result. This should be your way of working as well.

Submitted by Kimberley Nelson

BOARD OF DIRECTORS

President: Kimberley Nelson
Secretary: Gina Boll

email: kimberleynelson@frontier.com
Treasurer: Terry Lenchitsky

BOARD MEMBERS

Steve Boll Roz Rushing
Norm Trost Les Geren
Dorothy Douglas Martin Montgomery
 Julie Kennedy
Gina Boll: Immediate Past President

Saturday, February 11, 2012. The Mt. Hood Kiwanis Camp Supplies Drive at 10:00 am to noon. Deliver to Camp Office 10725 SW Barbur Blvd. Division 66 can deliver to Wescott Motors, 19701 SE Hwy 212, Damascus. 503-780-9978 (Mary)

Saturday, February 25, 2012 at 9:00 am is Kiwanis Day at Doernbecher

Monday, February 27, 2012 is Division 66 monthly meeting at 6:30 pm at Miramonte Pointe. Host Club is Gresham Early Risers. Past Lt. Governors meet at 5:50 pm.

HUMAN INTEREST

Eat that Frog!

By Brian Tracy

The 80/20 Rule is one of the most helpful of all concepts of time and life management. It is also called the "Pareto Principle" after its founder, the Italian economist Vilfredo Pareto, who first wrote about it in 1895. Pareto noticed that people in his society seemed to divide naturally into what he called the "vital few", the top 20 percent in terms of money and influence, and the "trivial many", the bottom 80 percent.

He later discovered that virtually all-economic activity was subject to this principle as well. For example, this principle says that 20 percent of your activities will account for 80 percent of your results, 20 percent of your customers will account for 80 percent of your sales, 20 percent of your products or services will account for 80 percent of your profits, 20 percent of your tasks will account for 80 percent of the value of what you do, and so on. This means that if you have a list of ten items to do, two of those items will turn out to be worth five or ten times or more than the other eight items put together.

Number of Tasks versus Importance of Tasks

Here is an interesting discovery. Each of the ten tasks may take the same amount of time to accomplish. But one or two of those tasks will contribute five or ten times the value of any of the others.

Often, one item on a list of ten tasks that you have to do can be worth more than all the other nine items put together. This task is invariably the frog that you should eat first.

Focus on Activities, Not Accomplishments

The most valuable tasks you can do each day are often the hardest and most complex. But the payoff and rewards for completing these tasks efficiently can be tremendous. For this reason, you must adamantly refuse to work on tasks in the bottom 80 percent while you still have tasks in the top 20 percent left to be done.

The Treasurer's report was read and accepted.

Discussion was made on Barb Clare's move from Edward Jones to Clackamas Federal Credit Union.

A breakdown of donations for the Christmas Basket Fund was presented and a discussion was held as to how we would handle the \$9538.45 left over from the baskets. A motion was made by Dorothy set up a separate account specifically for the Christmas Basket fund with the Clackamas County Bank with a Money Market checking account. Motion passed.

Len Tobias presented a letter to the Board explaining their position. Motion: A motion was made by Les: Take \$16,000 and the \$9,538.45 and move that money into the Christmas Basket account when it is set up for a total of \$25,538.45. Norm seconded the motion. The motion was discussed. Motion was passed 4 to 3 with a hand count.

Motion: Made by and then amended by Roz to include as signers on the Christmas Basket account, the President, Secretary, Treasurer and Ken Hallgren, co-chair of project. Terry made note that he would not be able to pay out other line items because we are moving most of our money into the Christmas Basket account so it was decided that we would have to vote on each expenditure before a check is written.

Terry Lenchitsky noted that we had yet to induct Aaron Bayer into the club. Norm said he would check with Aaron about his schedule and we would induct him at the soonest opportunity with Terry as his sponsor.

Meeting adjourned at 7:32 am.

SANDY HIGH SCHOOL KEY CLUB

The Sandy High School Key Club meets every Wednesday at 7:15 am in room 75 (outside portables).

KIWANIS ACTIVITIES/MEETINGS

On Saturday, February 11, 2012 at 6:00 pm the **Gresham Kiwanis Early Risers** will hold their **25th Annual Chili Cook-Off**. It will be held at the Cedarville Park/Club Paesano, 3800 W. Powell Loop, Gresham. \$8.00 per Adult and \$4.00 under age 14. Each Club brings chili by 6:00 pm. Dinner includes: German Sausage, Chili Condiments, salad and soft drinks, and CHILI. Western dress contest. All net proceeds to "The Mt. Hood Kiwanis Camp".



SANDY KIWANIS NEWSLETTER

FEBRUARY 2012

PRESIDENT'S MESSAGE

When people think of February, they think of Valentine's Day or President's Day. I think of Groundhog Day. Not the actual day, but the movie, starring Bill Murray, a guy doomed to repeat the same day over and over again, until he gets it right. There's an old saying, "If you always do what you've always done, you will always get what you have always gotten". So, what are we doing that is the same that is causing our numbers to dwindle? We've changed venue for our meetings, tried to bring in interesting speakers, and I've even asked you what you would like to see in our programming. Nada, Nyet, nothing, no feedback from you. So how will I know we're successful? Success is secular; I prefer significance, which is spiritual. Success focuses on three things: fans, fame and fortune. That's a little self-centered, isn't it? Look who wants to be around me, look what I've done and how much money I make! Significance focuses on faith, family and friends, but also purpose. Ask yourself: Why am I here? How can I make the world a better place? How can I make an impact in our community? What do we want to become and how do we get there? Once we answer these questions, membership will follow!

"If a person has done their best, what else is there?"

-George S. Patton

BOARD OF DIRECTORS MINUTES

The meeting was called to order on January 5th, 2012 at 6:30 am.

Those present: Gina Boll, Steve Boll, Dorothy Douglas, Les Geren, Terry Lenchitsky, Kimberley Nelson, Roz Rushing, and Norm Trost. A quorum was met with eight members attending.

The reading of the minutes of the last meeting was accepted for audit.